

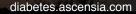


Creating Test Reminder Plans with the CONTOUR[™] DIABETES app



Always consult with your healthcare provider prior to making changes to treatment, diet or exercise.

© Copyright 2017 Ascensia Diabetes Care Holdings AG. All rights reserved.

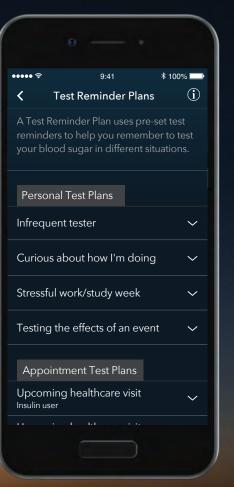


Contour

nextn

Monitoring System

Test Reminder Plans help you optimize your monitoring to provide readings that give you a more meaningful overview of your blood glucose.





© Copyright 2017 Ascensia Diabetes Care Holdings AG. All rights reserved.

Test Reminder Plan

1.

You can choose a **Test Reminder Plan** by choosing **My Reminders** from the **Main Menu** and then tapping +.



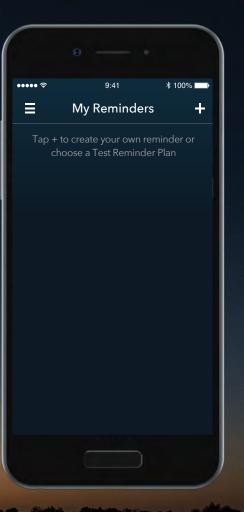
Contour. next INE, Blod Glucose Monitoring System

 \triangleleft

Test Reminder Plan

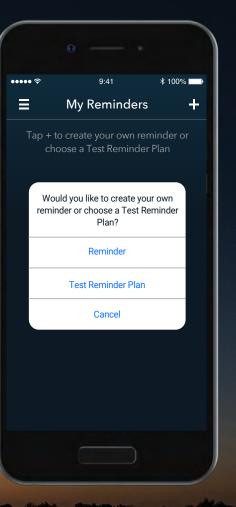
1.

You can choose a **Test Reminder Plan** by choosing **My Reminders** from the **Main Menu** and then tapping +.



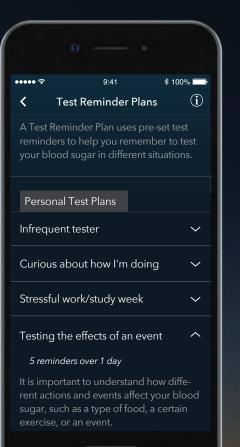
Contour. next INE, Blod Glucose Wonitoring System

Choose **Test Reminder Plan** to create a Test Reminder Plan.



Contour. next INE "

Select the **Test Reminder Plan** you want to work with.

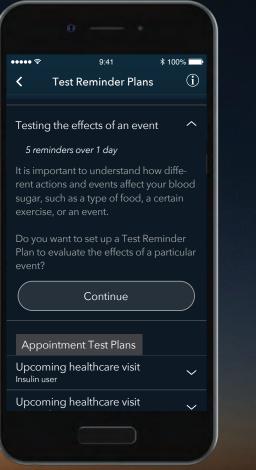




2. Test Reminder Plan

Select the **Test Reminder Plan** you want to work with.

Tapping the arrow next to each plan will tell you more about it.



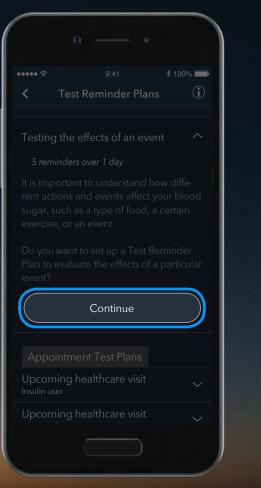
Contour. next INE.»

2. Test Reminder Plan

Select the **Test Reminder Plan** you want to work with.

Tapping the arrow next to each plan will tell you more about it.

Select **Continue** to customize your chosen **Test Reminder Plan**.



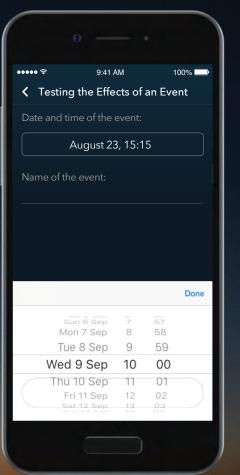
Contour. next one Blood Glucose Wontoring System

Tap the date and time button to set the date and time of the event you want to track.

 ◆ 9:41	
Date and time of the event:	
August 23, 15:15	
Name of the event:	
Save	
)



Tap the date and time button to set the date and time of the event you want to track.





Tap the Event Name area to open the keyboard and name your event.

	θ :			
••••• 夺	9:41 AM	100% 🔛		
C Testing the Effects of an Event				
Date and time of the event:				
	August 23, 15:15			
Name of th	ne event:			
Birthday party				
		Done		
QWERTYUIOP				
AS	DFGHJ	κL		
▲ Z	XCVBN	M		
123	Q space	@ #		



3. Test Reminder PlanTap Save.

	θ — Ι	
••••• ?	9:41	∦ 100% 💷∙
C Testing	the Effects of a	an Event
Date and tir	me of the event:	
	August 23, 15:15	5
Name of the	e event:	
	Save	



© Copyright 2017 Ascensia Diabetes Care Holdings AG. All rights reserved.

3. Test Reminder Plan

Tap Save.

Your **Test Reminder Plan** is now activated.

	θ				
•••• ≈ ≮ Te	^{9:41} est Reminder Pla	* 100% 🖿			
A Test Reminder Plan uses pre-set test reminders to help you remember to test your blood sugar in different situations.					
Personal	Test Plans				
Infrequen	t tester	~			
Curious al	bout how I'm do	ving 🗸			
Stressful v	vork/study week	~			
Testing th	e effects of an ev	vent 🗸			
Appoint	ment Test Plans				
Upcoming Insulin user	g healthcare visit	· ~			



Talk to your Healthcare Professional and refer to the product user guide if you have any questions about the **CONTOUR®NEXT ONE** smart meter or the **CONTOUR™ DIABETES app**.

For more information, and to find out whether these products are available in your country, visit **diabetes.ascensia.com**.



Hypothetical patient data for demonstration purposes only. Always consult with your healthcare provider prior to making changes to treatment, diet or exercise.



Apple and the Apple logo are trademarks of Apple Inc., registered in the US and other countries. App Store is a service mark of Apple Inc. The Bluetooth word mark and logos are registered trademarks owned by Bluetooth SIG, Inc., and any use of such marks herein is under licence. Google Play and the Google Play logo are trademarks of Google Inc.

Ascensia, the Ascensia Diabetes Care logo and Contour are trademarks and/or registered trademarks of Ascensia Diabetes Care Holdings AG.

Date of preparation: February 2018 Code: G.DC.10.2017.52580

© Copyright 2017 Ascensia Diabetes Care Holdings AG. All rights reserved.





